

# Middle School Content Framework Grade 6 - 8

Academic Supports, Social Emotional Learning, Home & School Partnerships, and Approaches to Parenting

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## ACADEMIC SUPPORTS

### English Language Arts, Math, Science, & Social Studies

Academic Supports offers parents and caregivers research-based, developmentally appropriate strategies for supporting their child's learning and reaching grade-level expectations in Math, Literacy, Science, and Social Studies.

Growth Mindset	Homework	Academic Socialization & Learning Connections	Effective Study & Learning Skills
<b>EXAMPLE SKILLS</b>			
<ul style="list-style-type: none"> <li>Focusing on process and effort</li> <li>Mistakes as opportunities for growth</li> </ul>	<ul style="list-style-type: none"> <li>Developmentally appropriate expectations and routines to support success in all subject areas</li> </ul>	<ul style="list-style-type: none"> <li>Connecting real-world applications of student learning in all subject areas</li> </ul>	<ul style="list-style-type: none"> <li>Building time-management skills</li> <li>Reflecting on learning</li> </ul>

## SOCIAL-EMOTIONAL LEARNING

Social-Emotional Learning aims to increase student success by promoting key social and emotional competencies that lead to middle schoolers building independence, a positive sense of self, emotional regulation and critical relationship skills.

Sense of Self	Independence & Executive Functioning	Relationships	Emotions & Development
<b>EXAMPLE SKILLS</b>			
<ul style="list-style-type: none"> <li>Noticing and celebrating characteristics, traditions, and attributes that make you unique</li> </ul>	<ul style="list-style-type: none"> <li>Building the ability to advocate for self and needs</li> <li>Goal-setting</li> </ul>	<ul style="list-style-type: none"> <li>Finding opportunities for conversation and connection</li> <li>Developing perspective-taking</li> <li>Recognizing supportive friendships</li> </ul>	<ul style="list-style-type: none"> <li>Developing reflective practices</li> <li>Strategies for coping with intense emotions</li> </ul>

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## HOME & SCHOOL PARTNERSHIPS

Home & School Partnerships aims to empower parents as partners and offer many points of entry into middle school involvement. Parents develop a deeper understanding of the importance of being involved with their child's school for overall student and school success. We break down barriers between parents, teachers, and administrators, offering easy strategies for promoting attendance, communication, and advocacy, as well as support for school-related transitions.

Reciprocal Communication	Transitions	Advocacy & Involvement	Attendance
<b>EXAMPLE SKILLS</b>			
<ul style="list-style-type: none"> <li>Your voice matters: sharing about your family and child</li> <li>Strategies for reaching out to teachers or the school</li> </ul>	<ul style="list-style-type: none"> <li>Navigating the middle school model</li> <li>Transitioning from middle to high school</li> </ul>	<ul style="list-style-type: none"> <li>Strategies for finding involvement opportunities</li> <li>Partners in decision-making</li> </ul>	<ul style="list-style-type: none"> <li>Building routines that support attendance</li> </ul>

## APPROACHES TO PARENTING

Approaches to Parenting aims to reframe adolescence as a time of exciting growth, development and discovery. Along with developmental changes, there is a shift in the parent-child relationship. Parents are equipped with the information, self-care strategies, and reflective practices to understand, navigate, leverage, and celebrate this shift.

Knowledge of Adolescent Growth & Development	Reflective Practices	Mindsets & Modeling	Self-Care
<b>EXAMPLE SKILLS</b>			
<ul style="list-style-type: none"> <li>Navigating shift from "pilot" to "co-pilot"</li> <li>Setting developmentally appropriate boundaries</li> </ul>	<ul style="list-style-type: none"> <li>Navigating parent/caregiver and child conflict</li> <li>Strategies for processing challenging behaviors (pause to be curious)</li> </ul>	<ul style="list-style-type: none"> <li>Maintaining a positive parental mindset</li> <li>Sharing stories and experiences to support child skill development</li> </ul>	<ul style="list-style-type: none"> <li>Strategies for recharging</li> <li>Caring for you, even when you're busy</li> </ul>