

Ready4K’s Pre-K 3 & 4 CORE Content Framework Overview provides the overarching topics and an expanded view of each topic that is included in our evidence-based CORE family engagement curriculum delivered via text message.

<p>Social-Emotional Learning & Health</p>	<ul style="list-style-type: none"> • Self-Awareness and Self-Esteem • Relationships, Family, and Community • Executive Functioning and Independence 	<ul style="list-style-type: none"> • Emotional Understanding, Self-Regulation, and Resilience • Health and Safety
<p>Language & Literacy</p>	<ul style="list-style-type: none"> • Speaking and Listening • Vocabulary Growth and Development • Phonics and Phonological Awareness 	<ul style="list-style-type: none"> • Print, Book, and Alphabet Knowledge • Reading: Comprehension and Text Structure • Writing
<p>Math & Science</p>	<ul style="list-style-type: none"> • Counting and Cardinality • Geometry and Spatial Sense • Operations and Algebraic Thinking 	<ul style="list-style-type: none"> • Measurement and Data • Scientific Reasoning
<p>Approaches to Parenting</p>	<ul style="list-style-type: none"> • Best Practices (e.g., child-led learning, encouraging exploration, developing consistent routines) 	<ul style="list-style-type: none"> • Protective Factors • Parental Self-Care and Positive Parenting

SOCIAL-EMOTIONAL LEARNING & HEALTH

Self-Awareness and Self-Esteem	Emotional Understanding, Self-Regulation, and Resilience
<ul style="list-style-type: none"> • Awareness of personal qualities • Celebrating growth, development, and learning • Positive self-talk • Identifying likes and dislikes • Expressing pride • Encouraging self-expression through conversations, play, art, dance, and pretend 	<ul style="list-style-type: none"> • Expressing feelings in multiple ways • Identifying, naming, and managing emotions • Talking about how other people feel (emerging empathy) • Responding to others' emotional needs • Encouraging positive behaviors and self-regulation skills • Developing impulse control • Building strategies for navigating challenges (e.g., deep breathing) • Offering strategies for easing frustration or anger
Relationships, Family, and Community	
<ul style="list-style-type: none"> • Encouraging sharing • Helping jobs • Building turn-taking skills through play • Recognizing similarities and differences • Engaging with peers • Celebrating family traditions 	
Executive Functioning and Independence	Health and Safety
<ul style="list-style-type: none"> • Following directions • Trying new things to build confidence and independence • Planning and preparing in daily life • Preparing for change • Goal setting • Encouraging independence in daily tasks 	<ul style="list-style-type: none"> • Encouraging daily physical activity • Preparing for and maximizing wellness visits • Encouraging independence in self-care routines (e.g., tooth brushing, handwashing) • Introducing safety rules in daily life • Explaining why safety rules are important

LANGUAGE & LITERACY

Speaking and Listening

- Developing expressive and receptive language
- Conversation modeling
- Using questions to build language skills and spark conversation

Print, Book, and Alphabet Knowledge

- Building a love of books
- Accessibility and exposure to books
- Exploring parts of a book
- Picture exploration
- Developing reading routines
- Encouraging interactive reading
- Recognizing and naming the letters of the alphabet
- Developing letter-sound correspondence
- Recognizing own name in print
- Identifying the letters in first and last name
- Exploring sight words and environmental print

Vocabulary Growth and Development

- Providing meaningful vocabulary exposure in daily interactions
- Building vocabulary through repetition and play
- Introducing and using new words regularly

Reading: Comprehension and Text Structure

- Using storytelling to build comprehension skills
- Connecting illustrations with a story to build understanding
- Retelling a story using pictures
- Sharing key details of a book or story

Phonics and Phonological Awareness

- Using rhyming games and word play to build phonological awareness
- Developing rhyme recognition
- Generating words that rhyme
- Listening and identifying the beginning sounds in words
- Sounding out simple words

Writing

- Encouraging the use of a variety of different writing tools
- Discovering the purpose of writing
- Using drawing to express thoughts and ideas
- Writing own name

MATH & SCIENCE

Counting and Cardinality

- Counting by ones to 100
- Recognizing and naming numbers in daily life
- Using one-to-one correspondence when counting
- Counting to tell how many
- Counting up from a number other than 1
- Finding meaningful opportunities to write numbers
- Comparing written numbers and identifying which number is smaller or larger
- Math Talk: Understanding and using "more," "less," and "the same"

Geometry and Spatial Sense

- Recognizing and naming shapes in our daily world
- Identifying shapes and combining shapes to create new ones
- Building and drawing shapes
- Math Talk: Understanding and using position words to describe where you are or where an object is located

Operations and Algebraic Thinking

- Recognizing and describing patterns
- Extending an existing pattern
- Introducing strategies to build addition and subtraction skills
- Developing addition skills using interactive games
- Math Talk: Understanding and answering "What comes next?"

Scientific Reasoning

- Asking open-ended questions
- Offering opportunities for problem solving
- Making predictions using existing knowledge base
- Building new objects using everyday materials
- Using knowledge of patterns, shapes, and measurement to experiment and create

Measurement and Data

- Selecting, describing, and comparing two objects
- Math Talk: Understanding and using shorter and taller to compare the length of two objects

APPROACHES TO PARENTING

Best Practices

- Encouraging language-rich conversations
- Promoting child-led learning
- Explaining “why”
- Exploring learning through play
- Encouraging open-ended experimentation
- Building independence through daily routines

Protective Factors

- Developing parental resilience
- Building knowledge and understanding of child development
- Developing knowledge of positive parenting strategies
- Creating social connections

Parental Self-Care and Positive Parenting

- Developing a self-care routine
- Building confidence and celebrating strengths
- Recognizing and acknowledging your own emotions
- Finding opportunities to reflect and recharge
- Discovering strategies for remaining calm
- Encouraging parents to be advocates
- Celebrating milestones